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CHANNELLING MESSAGES

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I attended Lifeline in late July of 2013. Throughout the week, I discovered there were many like me—attending *Lifeline* because of its prerequisite requirement for Exploration 27 and the following Starlines programs. As is common with many programs at TMI, things happen for a reason and doors open, quite often in an unexpected manner.

Although only attending *Lifeline* in order to progress to *Exploration 27,* I left the program a changed person. In the first retrieval lesson, I was able to obtain very specific information from the "newcomer" we were instructed to help guide to Focus 27. I not only received his first name, last name, city and state, but I received the name of his place of business as well. Even for a "believer" as myself, I was somewhat amazed at the accuracy of the details given to me. I received similar validations for the next five or six retrievals. Eventually, I realized I did not "need" the validation, and I no longer asked for that information, but focused my energies on the retrieval themselves.

After returning home from *Lifeline*, I began receiving unsolicited "downloads" of information. I have been asked to share some of channeled messages in our newsletter. It all began with the following, as I was driving the 10-15 minutes to work. It has been quite a journey and experience for me and I am honored to share it with you.

Flower/Flow-er: 08-28-13

While I was driving to work, I started receiving information about a flower and how a flower was a flow-er of information. I can still remember the message coming in. I quickly grabbed for my phone in hopes of recording the message. I didn't want to lose any of the information, for it

seemed quite important. My phone wasn't readily available for me to retrieve— especially since I was driving, so I just listened and hoped I would remember it. Once I got to work, all of it came back to me in perfect clarity.

I was told that when you look at a flower, it is at its peak when it is open. A flower is a flow-er. Just like humans, when one lets the energy flow, then they are open to growth and reaching full potential. A plant draws its energy from deep in Mother Earth and ascends to Father Sky. When there is this perfect connection, this perfect union between Mother Earth and Father Sky, then the plant's energy is in perfect alignment. Its energy is flowing and there are no blockages. It will then burst forth from its current existence and produce a perfect blossom, a flower. The flower is a result of the flow-er of energy, that is, the plant itself, when it finds itself in perfect alignment with Source.

As with plants, humans need to let their energy flow, then they are open to growth of potential that is beyond their wildest imagination. The result is a perfect, flower—beautiful, functional, multifaceted. Let us all be flow-ers of energy, with no blockages.

Once at work, as I walked towards my building, I was drawn to the most stunning bud on a Royal Poinciana tree. I have walked past this tree for months but paid little attention to it. I stopped and was filled with gratitude as I admired the beauty of the bud. I smiled and gave thanks to "them" who were giving me the message, for I knew "they" were the ones who also drew my attention to the beautiful bud which was working its way to becoming a full-blown flow-er. I felt honored to have received their beautiful message. Little did I know that this was just the beginning!